

## Welcome to Senior High Institute 2008!

The world around us is filled with rhythm. Each day of our lives we are surrounded by many different rhythms competing for our attention and calling us to follow them. Woven through all of creation and even into our very being is a rhythm created by God. When we discover God's rhythm it brings hope and salvation and meaning as well as order to our lives.

Because of all these competing rhythms, it is often times hard to focus on a rhythm that makes sense for us. This week our focus will be on God's rhythm that we hear and feel through his son Jesus Christ. We hope that this week you will discover for yourself that this rhythm can be the rhythm by which you lead your life. A life that is authentic, meaningful and eternal. We seek this kind of life because God has created us in his image and given to each of us the chance to live in rhythm with Him. This week we will break away from the rhythm of the world for a little while and experience Jesus Christ's life giving rhythm. Our keynoter, worship band, and drama team will guide us on this quest to find the ordering rhythm of our lives in the cadences of the world.

This is your week of camp, and while we feel that we have put many great things in place to help you have an awesome and meaningful time, it is up to you to make the most of this time. Spend some time this week honestly looking at how you and God are getting along. Hang out with your friends, make some new ones, and be open to whatever it is that God may be trying to say to you.

This book was written to help you on this journey. It contains the schedule for the week, a list of daily activities, a morning devotion, and PSG material. Please bring this book and your Bible with you to Morning Assembly so you can head straight to your PSG's. *Each morning, take time to read the Scripture lesson for that day's PSG and look over the questions.*

We're really glad you're here. We've been planning, praying, and waiting for you. If there is anything we can do to help you have a great week, let us know!

**Your Senior High Institute Directors and Impact 2818 Staff**

## Senior High Institute Schedule

### **Sunday**

6:00 pm	Arrival & Check-In at Jesus Statue
7:30 pm	Leader's Meeting - Pell Lodge
9:30 pm	PSG Student Leader Meeting - Overmyer
8:30 pm	Evening Assembly in the Auditorium
10:00 pm	Cabin Organization/Prayer & Share
Midnight	Lights Out

### **Monday - Friday**

9:00 am	Breakfast
10:00 am	Morning Keynote - Auditorium
11:15 am	PSG
1:00 pm	Lunch
2:00 pm	Activity Launch in the Auditorium
2:45 pm	Activities (see next page); Cokesbury Open
6:00 pm	Dinner (Friday - all camp picnic)
7:00 pm	Cokesbury Open
7:00 pm	Leader's Meeting - Pell Lodge
	PSG Leader Meeting - Overmyer
7:45 pm	Evening Prayer at the Jesus Statue
8:00 pm	Evening Keynote - Auditorium
9:15 to 9:45	Cokesbury Open
10:00 pm	Prayer and Share in your Cabin
Midnight	Lights Out

### **Saturday**

8:00 am	Breakfast and Clean Up
8:30 am	Cabin Check Out
10:00 am	Closing Celebration
10:30 am	Head for Home

**NOTE:** All times are Eastern Daylight Time (EDT)

\* Featuring Sidewalk Prophets as our worship leader,  
Chris Danielson as our speaker and Indiana Wesleyan University's  
Christ-In-Action Drama Team

**Afternoon Activities**  
**Monday through Thursday**  
**3:00 to 5:30 p.m.**

<b><u>Activity</u></b>	<b><u>Location</u></b>
Guitar Workshop (Mon. - Fri.)	Auditorium
Worship Leading (Tues. & Thurs.)	Auditorium
Songwriting (Mon.-Wed.-Fri.)	Auditorium
Canoeing (Mon. & Wed.)	Harbor
Kayaking	Lower Cokesbury
Swimming	Waterfront
Sand Castle Building	Beach
Tubing/Skiing	Sign up at the
<i>(1 time per week)</i>	west pier each day
Chalk Art	Registration
Obstacle Course (Mon. - Thurs.)	Water Channel
<i>(Closed toe shoes required)</i>	
Frisbee Golf	Registration Office
Crafts (cost involved)	Cokesbury
Snacks & Gift Shop	Cokesbury
Euchre & Indoor Games	Cokesbury
Carpet Ball	Cokesbury
Ping Pong	Cokesbury
Badminton	near Sand Volleyball
Labyrinth	Labyrinth
**Ultimate Frisbee	Parkview Field
**Softball (Mon. at 4:00)	Softball Diamond
**Basketball	Basketball Courts
**Sand Volleyball	Sand Volleyball Courts
**Soccer	Overmyer Field
**Flag Football (Wed. at 4:15)	Softball Field
**Wiffleball (Thurs. at 4:00)	Softball Field

***\*\*Teams formed at site from those present***

**Tournaments that run all week (Sign-up at Cokesbury):**

Carpet Ball---Ping Pong---Euchre

## Daily Special Activities

<u>Day</u>	<u>Location</u>
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### Monday - 3:00 p.m.

Fun Run	Jesus Statue
Drama & Theater Games	Auditorium

### Tuesday - 3:00 p.m.

*Sand Volleyball Tournament	Sand Volleyball Court (Teams of 6)
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### Tuesday - 4:00 p.m.

*Kayak Race to the Island	Lower Cokesbury
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### Wednesday - 3:00 p.m.

*Ultimate Frisbee Tournament	Parkview Field
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### Thursday - 3:00 p.m.

*3 on 3 Basketball Tournament	Basketball Courts (Teams of 3)
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### Friday - 3:00 p.m.

Camp Fest (Fund raising and music)	Overmyer and surrounding area
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### Friday - 3:30 p.m.

*Dodge Ball	Overmyer Field (Teams of 10)
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\* Must have a team to participate. Sign up at the Registration Office.

**Monday - July 7**  
**Jesus the Hope Hero**

*Lord, help me put aside all distractions and open my heart and mind to hear you in this passage of Scripture. Amen.*

**READ PSALM 139.**

Read Psalm 139 again, but this time replace every 'my', 'me', and 'I' with your name (example: 'O Lord, you have searched *Tom* and know *Tom*...").

Does it help to make this prayer your prayer by inserting your name?

What does it tell you about how important you are to God?

Are you ready for this kind of a relationship with God?

Pray:

*Dear Lord Jesus, I want to know you. I want to trust you and say 'Yes' to you being a part of my life. Help me to stop resisting and be open to you this week, Amen.*

**Monday PSG**  
**Jesus the Hope Hero**

- What is your rhythm of life?
  
- What would you like your life's rhythm to be?
  
- What comes to mind when we hear the phrase 'Christian lifestyle'? What does it mean to live as a Christian? How difficult or easy is it to live as a Christian?
  
- Who are you really?
  - Are you trying to live at someone else's tempo in your life?
  - Is the tempo of your life a cover-up for the real you?
  - Are you being real with Jesus, with yourself and with others?

**Read Mark 5:1-20.**

- What would this man's life been like if he hadn't met Jesus?
  
- What difference did Jesus make in this man's life?
  
- How could a relationship with Jesus help you discover the real you?

**Tuesday - July 8**  
**Jesus - Eternal Hero**

*Here I am God; open my eyes to see you and my ears to hear your voice in the Scripture I am reading. Amen.*

- When you see a cross, what comes to mind?
- How does it make you feel?

**READ 1 CORINTHIANS 1:18.**

- Why would some people consider the cross to be foolishness?
- How can the same cross be the power of God?
- What does the cross mean to you?

*God, thank you for making the cross, that was intended to be the defeat of your Son, a symbol of his victory over sin and death. Help me to know your power to save me through the cross. Amen.*

**Tuesday PSG**  
**Jesus - Eternal Hero**

**Read Matthew 4:1-11.**

- How did Jesus respond to the temptations set before him?
- What influences you?
- What voices/rhythms are the loudest in your life?
- Which ones do you allow to influence who you are?
- Which ones are under your control?
- Which ones are not under your control?
- Are some of the voices/rhythms of this world evil?
- How much do you trust your ability to decide which voices/rhythms you should listen to or ignore?
- How much do you trust the power of Christ in you to help you resist the devil or evil?

**Read 1 Kings 19:11-12.**

- How do you recognize the voice of God in the midst of all the different voices and rhythms? How do you respond?

**Wednesday - July 9**  
**Becoming a Christian Hero - Part 1**

*God, with the faith of Samuel\* I say, 'Speak, for you servant is listening.' Here I am and I'm ready to listen. Amen.*

**READ Matthew 4:18-22.**

- How would you have felt if Jesus called you out to be one of his disciples?
  
- Would you have done it - would you have followed?
  
- How is Jesus calling you to be his disciple right now?
  
- What do you need to give up in your life right now to be able to follow Jesus?

Pray the following prayer or one of your own:

*Lord, you continue to call people to follow you and be your disciples. Help me to trust you and follow your lead. Amen.*

*\*Learn more about Samuel in 1 Samuel 3:1-14.*

## Wednesday PSG

### Becoming a Christian Hero - Part 1

Jesus teachings in **Matthew 5-7** give some examples of what the life of a disciple entails. Divide the reading among your group members and make a list of some of the specific things a disciple should or should not do.

- Some Christians will say something like, "You have to read your Bible everyday!" Why would it be important to read from the Bible daily?
- Describe a typical encounter between you and the Bible (frustrating, enlightening, satisfying, confusing?).
- In Acts (8:26-40) an Ethiopian fellow was asked if he understood the Scriptures? His response was, "How can I unless someone guides me." What help do you need in order to get what you need from the Bible?
- If you don't like to read or don't read well, how else could you get to know about God?
- Jesus was a mentor to his disciples. Who in your home church or town might be that person to help guide you?
- How would the rhythm of your life be different if you spent time reading the Bible daily?

**Thursday - July 10**  
**Becoming a Christian Hero - Part 2**

Today you will practice the **S.O.A.P.** method for Bible study. The simple directions below will guide you through this method of reflecting on this or any other passage of Scripture.

**Scripture** - **READ MATTHEW 25:31-46** and look for one verse that really speaks to you. Write the verse down in the space provided.

**Observations** - In one sentence, write what makes this verse special.

**Applications** - How does this verse apply to you?

**Prayer** - Write a short prayer asking God to help you apply this verse of Scripture to your life.

**Thursday PSG**  
**Becoming a Christian Hero - Part 2**

- Have you ever seen the series "Dirty Jobs"? Think of people who do thankless jobs all around you. Discuss how life would be if they didn't do those jobs.
  
- Knowing that God created us to have particular gifts and talents to share, what would you guess that your gifts are?

**Read 1 Corinthians 12:4-11.**

- Where do these gifts come from?
  
- What purpose do these gifts serve?
  
- How could you better use your gifts for ministry with Jesus after you return home?
  
- Think of people that you really admire (people who don't really look like heroes on the outside, but they really are in the way they live their faith in Jesus). What do you admire about them?
  
- How do your gifts fit in with the rhythm of your life?

Friday - July 11  
Rhythms of the Spirit

*Lord, as the week draws to a close, don't let me too quickly forget this time I've spent with you. Use the ways I've grown and encountered you to mold me into the person you desire for me to be. Amen.*

**READ: GALATIANS 5:22-25.**

Which fruit seems to be the most present in your life?

Which fruit do you need more of right now?

If you are keeping step with the Spirit is it easier or more difficult to have these fruit in your life?

*God, help me to live by your Spirit and keep step with your Spirit so that my life may produce an abundance of your fruit. And if I stumble, Lord, help me get back up and into step with you once again. Amen.*

## Friday PSG Rhythms of the Spirit

It would be great to assume that parents, friends, a boyfriend or girlfriend would be delighted by any positive changes in your life. However, they have not been with you this week and may not understand how you have changed.

- What changes in the rhythm of your life have you seen this week?
- What changes would you like to make when you return home?
- What changes will you make when you return home?
- Who is likely to be surprised by your change?
- What is likely to be their response?  
*Role play in your PSG what that discussion will be like as you share any changes of behavior or life changing insights you've had.*
- Who can you ask to support you when you get home to help you live according to God's rhythm for you?
- Right now, as you anticipate going home, how can your PSG members pray for you?

**Saturday - July 12**  
**Going Home**

**READ JOSHUA 4:19-24.**

Joshua set the twelve stones as a reminder for the people of what God had done and how he had saved them.

Reflect on what 'stones' (ideas, objects, memories, experiences, etc.) you have had this week that will help you remember how God has been at work in your life this week.

Pray:

God, I thank you for the time that I have had here at Epworth Forest and the ways that you have been with me. Continue to reveal your presence to me and always be a part of the daily life I am returning to. Amen.

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